

### ***Chaplet/Novena of the Holy Spirit (Raccolta #286)***

In the name of the Father, and of the Son, and of the Holy Spirit. Amen. O my God, I am sorry that I have sinned against Thee, because Thou art so good; with the help of Thy grace, I will sin no more.

**Opening Prayer:** O Holy Spirit, Creator, mercifully assist Thy Catholic Church, and by Thy heavenly power strengthen and establish her against the assaults of all her enemies; and by Thy love and grace renew the spirit of Thy servants whom Thou hast anointed, that in Thee they may glorify the Father and His only-begotten Son, Jesus Christ our Lord. Amen.

**First Mystery:** Jesus is conceived by the Holy Ghost of the Virgin Mary. Meditation: The Holy Ghost shall come upon thee, and the power of the Most High shall overshadow thee. Therefore also the Holy One which shall be born of thee shall be called the Son of God. (*Luke 1, 35*). Application: Pray earnestly for the assistance of the Spirit of God and the intercession of Mary to imitate the virtues of Jesus Christ who is the pattern of every virtue, in order that you may be conformed to the image of the Son of God. Recite: Our Father and Hail Mary once; Glory be seven times.

**Second Mystery:** The Spirit of the Lord rests upon Jesus. Meditation: Now Jesus being baptized went up immediately from the water; and behold, the heavens were opened unto Him; and He saw the Spirit of God descending like a dove and coming upon Him. (*Matt. 3, 16*). Application: Hold in highest esteem the precious gift of sanctifying grace which was infused into your heart in Baptism by the Holy Spirit. Keep the promises to whose observance you then bound yourself. By continual exercise increase your faith, your hope and your charity. Ever live as becomes a child of God and a member of the true Church of God, so that after this life you may receive heaven as your inheritance. Recite: Our Father and Hail Mary once, Glory be seven times.

**Third Mystery:** Jesus is led by the Spirit into the desert. Meditation: And Jesus being full of the Holy Ghost returned from the Jordan and was led by the Spirit into the desert for the space of forty days, and was tempted by the devil. (*Luke 4:1, 2*). Application. Be ever thankful for the seven fold gifts of the Holy Spirit given to you in Confirmation, for the Spirit of wisdom and understanding, of counsel and fortitude, of knowledge and piety, and of the fear of the Lord. Faithfully obey your Divine Guide, so that you may act manfully in all the perils of this life and in all temptations, as becomes a perfect Christian and a strong athlete of Jesus Christ. Recite: Our Father and Hail Mary once, Glory be seven times.

**Fourth Mystery:** The Holy Spirit in the Church. Meditation: And suddenly there

came from Heaven a sound as of a mighty wind coming, where they were sitting; and they were all filled with the Holy Ghost, speaking the wonderful works of God. (*Acts 2: 2, 4, 11*). Application: Give thanks to God that He has made you a child of His Church which is always quickened and governed by His Divine Spirit, who was sent into the world on the day of Pentecost. Hear and follow the Sovereign Pontiff who teaches infallibly through the Holy Spirit, and the Church which is the pillar and ground of truth. Hold fast her doctrines, maintain her cause, defend her rights. Recite: Our Father and Hail Mary once, Glory be seven times.

**Fifth Mystery:** The Holy Spirit in the souls of the righteous. Meditation: Know ye not that your members are the temple of the Holy Ghost who is in you? (*1 Cor. 6, 19*). Extinguish not the Spirit (*1 Thess. 5, 19*). Application: Be ever mindful of the Holy Spirit who is in you, and make every effort to be pure in mind and body. Faithfully obey His Divine inspirations, that you may bring forth the fruits of the Spirit: which are charity, joy, peace, patience, kindness, goodness, long-suffering, meekness, faith, moderation, continence and chastity. Recite: Our Father and Hail Mary once, Glory be seven times.

**Apostles Creed:** I believe in God, the Father the Almighty, Creator of heaven and earth. And in Jesus Christ, His only Son, Our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; the third day He rose again from the dead; He ascended into heaven; sitteth at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Closing Prayer:** Send forth Thy Spirit and they shall be created; and Thou shalt renew the face of the earth. Let us pray: O God, who didst teach the hearts of Thy faithful people by sending them the light of Thy Holy Spirit, grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in His holy comfort. Through Christ our Lord. Amen.

*(Those who make a private novena in honor of the Holy Spirit, either before Pentecost or at any other time in the year, may gain: An indulgence of 7 years once on any day of their novena; A plenary indulgence on the usual conditions at the close of the novena; but if a public novena is held, this indulgence is available only to those who are lawfully hindered from taking part in the same (Pius IX, Audience, Jan. 3, 1849; S. C. of Bishops and Regulars, Jan. 28, 1850; S. C. Ind., Nov. 26, 1876; Apostolic Brief, May 5, 1895; Encyclical Letter "Divinum illud munus," May 9, 1897; S. P. Ap., May 12, 1934).*