



## Healing Your Family Lineage (Bloodline or Ancestors)

It is vital that you begin working on the healing of your family lineage. You should begin by completing the diagram on the back page, doing your best to identify who your family members were. If you were adopted, then do not worry, you can list yourself and your spouse (if married) and list your children. The principles will still apply.

Ask your parents or grandparents about your family history, if they are available. Do your best to understand what type of sicknesses each one had, what trials befell them, if anyone committed suicide, etc. Anyone that you discover suffered with grave trials, you should take note.

If anyone committed suicide, then you or your family members may be undergoing some form of haunting. A healing ceremony should be said for him or her. Please refer to the information on Ghost Healing for further information.

Although the sins of our ancestors cannot be undone, we do not know at what State of Grace they departed this world. So you should begin asking God the Father, through the life, death and resurrection of our Savior Jesus, to pray for the healing of your ancestors sins. In the Holy Bible, God the Father gave Moses the Ten Commandments which states,

**“I am the Lord thy God, mighty, jealous, visiting the iniquity of the fathers upon the children, unto the third and fourth generation of them that hate me: And shewing mercy unto thousands of them that love me, and keep my commandments.”** (Exodus 20:5-6)

You may never understand fully what type of curses, if any, have followed you—down from your family ancestral lineage. So the best way to ensure if any curse has descended upon you and possibly down to your children; you should follow the instructions below:

1. Go to your local church and have several Masses offered up for your family bloodline. You will need to be present at the Mass so ensure you schedule it what you expect to attend.
2. When you go to the church office, schedule the Mass under the title, “Special Intention”. Jesus knows why you are having the Mass offered, it is not necessary for you to list your name. This way you will keep your personal family issues private.
3. When you attend this special Mass, make certain that you plead to the Lord for forgiveness from any of your ancestors sins. You may need to have several Masses offered. The Lord will certainly let you know when a healing takes place.
4. When you attend other Masses and even the Special Intention Masses, place your entire FAMILY LINEAGE in the Chalice prior to the Consecration of Jesus’ holy Blood. Jesus’ blood will heal the sins of your family lineage.
5. You should expect to pray this same way at every Mass until you experience a great healing.
6. If only you attend weekly Mass (your spouse does not attend or you are divorced), you should be certain to take one of your children with you. You can also offer Masses for your children, because a child represents the blood line of you and your spouse. So if your child is healed, so will you and your spouse be healed.
7. Please report back to the Apostolate of the Green Scapular under Praise Report page at: [www.greenscapular.org](http://www.greenscapular.org)