

Healing Your Ancestry of Ghosts

1. On occasion, we receive emails regarding "ghosts". A ghost at one time was a living human being that died and his/her spirit has not been able to depart earth. Reasons why ghosts remain on the earth include: He/she committed suicide or was never baptized. If you are being haunted by a ghost, the ghost may be a family member, an ancestor who needs your help in transitioning from life to death. We offer practical suggestions on how you can help, stop the haunting.

2. Discerning a Ghost from Demon

First, you must discern if the spirit visiting you is a ghost or demon. A ghost normally is not deviant or intentionally attempting to frighten anyone, but is seeking help. They might appear grayish in color, but always have a human form. Demons, however, usually appear black in color with distorted shapes, like a black shadow. They travel quickly, recall they were once angels with angelic powers. If you should experience a "sulphur" smell (smells like rotten eggs), then grab your blessed Holy Water and rebuke the demon spirit. We offer some advice at paragraph 11. Below, we offer practical solutions in dealing with demonic entities.

3. Assisting Ghosts to Eternal Life

Ghosts normally visit living relatives in search of help from family members, or some ghosts haunt a building where they died. His/her intention is not deviant or intended to frighten; but simply looking for someone who will repent for his/her sins against God Almighty. For those who have committed suicide, he/she remains a ghost and greatly troubled because they have sinned against the Lord's law, God alone is the author of life or death because He willed us to be born and if we commit suicide we interfere with God's holy will.

4. To assist a ghostly spirit to pass into eternal life, you should gather your family together, blessed each person present, recite the Prayer of Repentance, recite a holy Rosary, and recite the Closing Prayer.

5. Prayer of Repentance

Heavenly Lord, Jesus of Mercy, we turn to You, to Your love of all humanity. Please forgive us for our sins, the sins we have committed and the sins of our ancestors. Please forgive any family member who committed grave sins against You Jesus, and died unrepentant because of their pride and anger, and did not seek your mercy. Today we gather together to ask You, sweet Jesus, to hear our prayers as we seek Your mercy for them. Please hear our prayers and forgive each living or dead family member in all generations. We turn to your love Jesus because You taught us to: ***"Ask and it shall be given you, Seek and you shall find, Knock and it shall be opened unto you.*** (St. Matthew 7:7). And we turn to Your Holy Mother, Mary, as we recite her Holy Rosary in repentance of our sins and the sins of our family members who have died, from the beginning of time. Hear us, oh Lord and have mercy, allow your precious Blood to cover and heal each family member in all generations, at this moment, back to the very beginning of time. We praise you Jesus, we praise your love and mercy all the rest of our days. Amen.

6. Next, begin the Holy Rosary after reciting an Act of Contrition: Oh my God, I am heartily sorry for having offending Thee, and I detest all my sins because I dread the loss of heaven and the pains of hell. But most of all, my God, because I have offended You, who art all good and deserving of all of my love. And I firmly resolve, with the help of Your grace, to confess my sins, to do penance and to amend my life. Amen.

7. Recite the Holy Rosary, then conclude with the following:

8. Closing Prayer

We thank you Holy Lord for hearing the prayers of your sinful children gathered here. Please accept our love and thanksgiving for freeing any deceased family member who has wandered upon this earth searching for peace. We ask that by Your merciful grace, You grant us this request, that any family member who had not been baptize during life, may be baptize at this moment. (Get blessed Holy Water and sprinkle it in the air). We thank you Jesus for showing us you are the Way, the Truth and the Life. Through baptism with water, our sins are forgiven and you extend Your mercy upon us as we pray for all our ancestors. Thank you Jesus, thank you for loving us, your sinful children. We love you and praise you. Amen.

9. You should follow-up with a Mass. You can schedule this Mass before or after you have held the Rosary for Ancestors. The following guidance is offered for your review.

Have a Mass offered for the sins of the ghost that is haunting you. As an example, if you know that your uncle committed suicide and you are living in his old home, then have the Mass offered for the Uncle. Attend that Mass and offer Jesus' Body and Blood for the sins of that uncle especially if you know he committed suicide. The requirement is to repent for the sins of your uncle, acting in his place. True repentance of sins is what the Lord seeks from everyone. If someone has already died, but you believe is haunting you or other family members, you will need to stand in "intercession" to the Lord for that soul.

10. If not sure it is a family member, possibly your home was built on the grounds of an old war (in the U.S. this might mean an old Civil War site), then offer the Mass for anyone who may have died there during that particular battle. Ask Jesus to heal your home and cleanse your home from any past human or demonic spirit that is haunting your home or land. In some cases, your house may have been built on old Indian burial grounds or even an old cemetery. In this case, you would have much activity and documentation should be available in the historical city records.

11. If you believe you are being haunted by a demonic entity, you must immediately have a holy Mass offered for the healing of your house! You must act quickly and schedule a Mass for the removal of any demonic spirit present. If you feel that the demonic entity has not departed after your first Mass, have another Mass scheduled. It is important that you repeat the process until the demonic activity stops. At most, only three Masses would be required. If, however, the activity continues; then you will need to go through your home and find any books, movies, old music albums or cd's that could be the cause of such demonic activity. Others have linked the books, computer games or dvd's centered around witches or wizards, to such activities. Movies, computer games, movies that promote magic are to be avoided as well. Musical artists and groups that sing of service to the devil may also be the cause. Rid your home of any questionable items that stand in opposition to God's grace and holiness, then follow-up with a final Mass. If all of the above does not seem to rid your home of the activity, seek a Catholic Priest right away. He'll know what to do.

12. We offer this final reminder. God Almighty is the Creator of all life. He made the Angels first, then humans. God Almighty is still the Creator and we are all the created. God is in control and we must depend on His love and His mercy for us, for our lives. Have peace and work on healing your family. Remember, witchcraft, magic, Ouija boards, tarot cards, palm reading, diving spirits, future tellers and the like are absolutely and completely forbidden. They violate God's First Commandment, seeking other gods other than the One, True, Holy God! Pornography, computer pornography and the like are also forbidden and considered a mortal sin against Chastity. We invite you to learn more about your Catholic faith by reading Sacred Scriptures and visiting our Catechism web page.