



Apostolate of the Green Scapular

Bringing Conversion To The World,
One Soul At A Time

Hurricane Preparedness

Due to the likeliness the gulf coast might experience a hurricane during this year, we wish to pass on suggestions. You should always listen to your local government evacuation response team. Clearly, being somewhat prepared is better than not being prepared at all. Please consider these valuable tips, and prepare yourself and family for any possible event.

PREPARING YOUR EMERGENCY EVACUATION BACKPACK

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|-----------------------|---------------|-------------------|-------------------|------------------|
| 1. Backpack | 4. Shoes | 7. Water | 10. Writing pen | 13. Duct tape |
| 2. Rain jacket | 5. Flashlight | 8. Canned food | 11. First aid kit | 14. T-Shirt |
| 3. Plastic trash bags | 6. Rope | 9. Eye protection | 12. Towel | 15. Sleeping bag |

DRIVING DURING A HURRICANE

If a hurricane is approaching your area, you should drive at least 30 miles away from the coast. A 4-wheel drive vehicle would be a great vehicle during a hurricane. If while driving your car begins to hydroplane, quickly take your foot off the gas pedal.

REMAINING HOME DURING A HURRICANE

If you are not part of the evacuation process, and asked to remain in place during the hurricane; here are some tips.

1. Cover windows anyway you can (close curtains, use kitchen table, etc.)
2. Do not stand or sit near any windows.
3. The best room in your home is on the lower floor, in a small room with no windows.
4. During the eye of the hurricane, if you can turn off your gas or electricity do so.

IF YOU MUST ABANDON YOUR HOME DURING A HURRICANE

If it becomes necessary for you to abandon your home because it is no longer safe, here are the most important this you should consider: Please evaluate if you should leave, you are at great risk leaving your home due to downed power lines, etc.

1. Travel from tree to tree in pairs (to people per group and move 30-miles from coastal water).
2. Place your backpack over your head so your not hit by flying objects.
3. Low-crawl on the ground if the winds are too strong to prevent your being tossed around by wind.
4. If you get cut and are bleeding, **STOP THE BLEEDING IMMEDIATELY!**
5. Use your First-aid kit to wrap your injury.
6. If you must tie a tourniquet to stop the bleeding, know that when you tie a tourniquet you cannot remove it, seek immediate emergency assistance.
7. You can take a towel, T-shirt, belt, etc., to tie around off the bleeding from arm or leg.
8. You can go online or contact your emergency responders in your local area to find out more on this and other emergency response issues to natural disasters.