

Spiritual RX for Illnesses

Since the Lord, God Almighty, is the author of life giving life or taking life in accordance to His holy will, we come to His mercy and ask for healing in times of sickness. We know the Lord is the healer of our physical bodies and human emotions we turn to Jesus, the Son of God, to have mercy on us when we are suffering the effects of painful illnesses and diseases. We offer the following information to help you in your quest for healing any sicknesses or diseases (like cancer) to compliment your current medical treatments prescribed by your doctor, hospital or treatment facility.

1. **ASK THE LORD TO FORGIVE YOU!** Because Jesus Christ died on the cross for your sins!
 - Scripture is clear that our Lord loves you and heaven rejoices when a repented heart turns to His mercy as read about in Scripture, "For God so loved the world, he gave His only begotten Son; that whosoever believeth in Him, shall not perish but may have everlasting life (see St. John 3:16).
 - In the Acts of the Apostles, we read: "To Him all the prophets give testimony, that by His name all receive remission of sins, who believe in him" (see Acts 10:43).
 - We all have sinned, this is why Jesus died on the cross for us but you should privately acknowledge your sins and plead with our Lord to forgive you for your failures in keeping His commandments (see Exodus 20:1-17).

2. **LIVE THE OUR FATHER PRAYER AND LOVE YOU ENEMIES!** Because Jesus instructed us to pray to His Father in Heaven!
 - Jesus tells us, "But when you shall pray, enter into your chamber, and having shut the door, pray to your Father in secret: and your Father who is sees in secret will repay you" (St. Matthew 6:8). Jesus taught us this beautiful prayer known as the Our Father prayer is found in St. Matthew 6:9-13. In this prayer, we ask God the Father to "forgive us our trespasses" against Him, as we also promise to forgive everyone who trespassed, sinned, hurt, offended, violated or committed any evil act against us.
 - In St. Luke 6:27-29, we are given clear instructions on how to treat our enemies: "Love your enemies, do good to them that hate you. Bless them that curse you, and pray for them that mistreat you. To him that strikes you on the one cheek, offer the other one also. And him that takes your cloak, give him also your coat.
 - Also in Luke 6:35-36: "Love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High, for He Himself is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful."
 - St. Matthew instructs us: "Love our enemies, do good to them that hate us, and pray for them that persecute us (see St. Matthew 5:44).

3. **FORGIVE, FORGIVE AND FORGIVE - EVERYONE WHO HURT YOU!** Because if we don't forgive others, we ourselves fall into sin against God!
 - Jesus told his disciples that we are to forgive not just seven times, by seventy times seven and described it in the following parable found in St. Matthew 18:22-35: The Kingdom of Heaven is likened to a King who would take an accounting of His servant and when the King called his servant in because he owed the King ten thousand talents, the servant begged the King to have patience with him and he would repay all he owed. The King was moved with pity, let the servant go and forgave him full debt. The servant, full of self pity, found someone who owed him a much smaller amount and demanded payment. Since the man did not have the money he begged for mercy, but received only imprisonment until the debt was paid in full. This situation got back to the King, and the King called the servant back in, calling him a "wicked servant" and delivered him to the torturers until he paid all the debt back to the King (a clear reference to the sufferings in Purgatory).
 - In St. Luke 6:41-42, we read "Why do you notice the splinter in your brother's eye, but do not perceive the

wooden beam in your own? How can you say to your brother, 'Brother, let me remove that splinter in your eye,' when you do not even notice the wooden beam in your own eye? You hypocrite! Remove the wooden beam from your eye first; then you will see clearly to remove the splinter in your brother's eye."

- We also read, "To no man render evil for evil. Providing good things, not only in the sight of God, but also in the sight of all men", Romans 13:17.

4. LET GO OF ANY ANGER BECAUSE GOD WILL REPAY TO EACH MAN ACCORDINGLY! Because He knows the secrets of our hearts!

- In Psalms 44:22 we read: "Would not God have discovered this, God who knows the secrets of the heart?" In Jeremiah 17:10 it states: "I, the Lord, alone probe the mind and test the heart, To reward everyone according to his ways." In St. Matthew 9:4: "And Jesus seeing their thoughts, said: Why do you think evil in your hearts?" St. Luke 16:15 states: "And he said to them: You are they who justify yourselves before men, but God knows your hearts; for that which is high to me is an abomination before God."
- Now, God will repay each man for their trespasses against you. We read in Scripture: "If possible, on your part, live at peace with all. Beloved, do not look for revenge but leave room for the wrath; for it is written, 'Vengeance is mine, I will repay', says the Lord. Rather, if your enemy is hungry, feed him; if he is thirsty, give him something to drink; for by so doing you will heap burning coals upon his head. Do not be conquered by evil but conquer evil with good" (Romans 12:18-21).
- Jesus tells us that we should not judge or condemn others lest we be judged and condemned by God, but to be merciful to all (see St. Luke 6:36-38).
- Anger is considered a "deadly sin" because this sin does not only destroy us spiritually, but physically too. We read in St. Matthew 5:21-22, "You have heard that it was said to them of old: thou shalt not kill. And whosoever shall kill shall be in danger of the judgment. But I say to you, that whosoever is ANGRY with his brother, shall be in danger of the judgment." In the Catholic Catechism it states, "To desire vengeance in order to do evil to someone who should be punished is illicit", Para 2302.

5. REPENT OF PAST SINS, PAST ANGER AND GOD WILL BE MERCIFUL TO YOU! Because God will repay your mercy!

- In many books on Inner Healing, ANGER is one of the serious sins that requires us to forgive him or her who caused us this anger. When we refuse to give up our anger towards someone, we open the door to evil spirits to attach to us, causing sickness and illnesses.
- If you have failed in keeping your Sacraments, missing Mass on Holy Days of Obligation, attending weekly Mass, etc., receiving Holy Communion when in mortal sin, all sinful behaviors that you can recall, should be first confessed to God in your heart. A complete Examination of Conscience will help you to recognize some of your human weaknesses. Remember, you must repent from your heart first, visit a confessional second!
- Jesus is clear in His instructions for us to do penance, "I say to you: unless you do penance, you shall all likewise perish" (see St Luke 13:3-5).
- In Wisdom 11:17-27 we read, "That by what things a man sins, by the same he will be tormented" (that is tormented by demons), and God allows these demons to attack us in measure, number and weight BUT through the sake of our repentance, these demons will be removed from us, because God loves us and did not make us to hate us. In St. Mark 4:23-24 "If any man have ears to hear, let him hear. And he said to them: Take heed what you hear. In what measure you shall mete, it shall be measured to you again, and more shall be give to you."

6. TURN TO HEALING THROUGH THE CHURCH! Because Jesus bestowed upon His Priests amazing gifts!

- Ask your Parish Priest to anoint you with oil, as did our first Priests the Apostles. In Scripture we read, "And going forth they preached that men should do penance, and they cast our many devils, and anointed with oil

man that were sick and healed them (St. Mark 6:12-13). St. Mark 3:15 states: "And he gave them power to heal sicknesses and to cast out devils".

- Give you name to the church secretary for posting in the weekly church bulletin so others can pray for you. Visit Christian websites and submit your name and pray for you.
- Turn to the Holy Trinity, ask Father to have mercy on you as Scripture points out, "It is not the will of your Father, who is in heaven, that one of these little ones should perish (see 17:14). Write your name on a blessed Green Scapular. This is our mission and we have witnessed countless miracles of healing to include healings from cancer.
- We encourage you to go immediately to your local Catholic Church and pay the \$5.00 or \$10.00 stipend (donation) to have a Mass offered for you and your family lineage. Since we know that if our forefathers did not obey and keep God's First Commandments (Thou shalt not have any gods before me), we may be suffering from ancestral sins (sins passed onto us from our parents, grand parents, great grand parents, etc.) as written in Exodus Chapter 20:5. You should attend this Healing Mass on that day and ask God the Father to forgive your forefather's sins and to remove any ancestral curse which may have been cursed upon your lineage. Ask the Lord to have mercy on you and your children. Be certain to offer that Mass for your spouses family as well, so that your children receive the blessings and not the curses from you or your parents. You can tell the church secretary to list this Mass request as: For the (your last name) Family.

7. HAVE FAITH THAT THE LORD WILL HEAL YOU! Because God wants us to trust Him in all things!

- Have faith that the Lord will heal you, "And Jesus answering, said to them: Amen, I say to you, if you shall have faith and stagger not, not only this of the tree shall you do, but also if you shall say to this mountain, Take up and cast thyself into the sea, it shall be done. And all things whatsoever you shall ask in prayer, believing you shall receive" (see St. Matthew 21:21-22).
- And again in St. Matthew 17:19, "Jesus said to them: For amen I say to you, if you have faith as a grain of mustard seed, you shall say to this mountain, Remove from hence hither, and it shall remove; and nothing shall be impossible to you." Another important Scripture instructs us to ask and we shall receive, seek and we shall find, knock and it shall be opened (St. Luke 11:9-13).
- St. Matthew 7:7-12: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened."

8. PRAISE GOD FOR YOUR HEALING BEFORE YOU ARE HEALED! Because He is due our unceasing praise and thanksgiving!

- Lastly, praise God the Father, Jesus His Son and Holy Spirit unceasingly!
- Praise God the Father for giving us His only begotten Son Jesus, to suffer and die on the Cross for our sins!
- Praise Jesus Christ for His merciful sacrifice, dying on the cross for you sins!
- Praise Holy Spirit, the Comforter, for descending upon you and healing your body from sickness on the merits of Jesus' life, death and resurrection for you, for your sins!
- The Canticle of Praise is an incredible praising prayer, so to God be all the glory and praise for ever and ever! Amen!