

Prayer to Sleep in Peace
Raccolta #99

Jesus Christ my God, I adore Thee and thank Thee for all the graces Thou hast given me this day. I offer Thee my sleep and all the moments of this nights, and I beseech Thee to keep me without sin. Wherefore I put myself within Thy scared Side and under the mantle of our Lady, my Mother. Let Thy holy Angels stand about me and keep me in peace; and let Thy blessing be upon me. Amen.

(By St. Alphonsus M. de' Ligouori).

The faithful who recite this prayer in the evening before falling asleep may gain:

An indulgence of 3 years once a day:

A Plenary Indulgence one a month on the usual condition for the daily devout repetition of the same (S. C. Ind. June 30, 1983: s. p. Ap., Dec. 18, 1935).