

Novena During Lent

PRAYERS IN HONOR OF THE FIVE WOUNDS OF OUR LORD JESUS CHRIST

(Taken from the Raccolta #199)

SIGN OF THE CROSS

*On your right hand, place together your index and middle finger to your thumb (bringing all three digits together as one). In this way, you can honor the Most Holy Trinity when making the Sign of the Cross. Now say, “**In the Name of the Father** (you should touch your forehead), **and of the Son** (touch with your three fingers your chest) **and of the Holy Spirit** (touch your left shoulder then touch your right shoulder). **Amen.**”*

ACT OF CONTRITION

O my God,** I am heartily sorry for having offended Thee and I detest all my sins because I dread the loss of heaven and the pains of hell. But most of all, my God, because I have offended Thee, Who art all good and deserving of all my love. And I firmly resolve with the help of Thy grace, to confess my sins, to do penance and to amend my life. **Amen.

OPENING PRAYERS

***Grant, Lord Jesus Christ,** that we who devoutly worship Thy five most precious Wounds, may keep them deeply impressed upon our hearts both in our life and in our deeds. (Please recite the Glory Be prayer five times). This prayer was taken from Raccolta #203, an indulgence of 3 years (S. P. Ap., Dec. 12, 1936.)*

V. O God, come unto my assistance.

R. O Lord, make haste to help me.

V. Glory be to the Father, and to the Son, and to the Holy Ghost;

R. As it was in the Beginning, is now and ever shall be, world without end. Amen.

FIRST MEDITATION: HONORING THE RIGHT HAND OF JESUS

My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the most holy Wound in Thy right Hand. I give Thee thanks for the infinite love, wherewith Thou didst will to suffer so many bitter pains because of my sins which I detest with all my heart; I implore Thee to grant graciously to Thy holy Church victory over all her enemies, and to all her children grace to walk in holiness in the way of Thy Commandments. (Recite one Our Father, Hail Mary, Glory Be)

Our Father,** who art in heaven hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. **Amen.

Hail Mary,** full of grace. The Lord is with thee. Blessed art thou amongst all women and blessed is the Fruit of thy womb, JESUS. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. **Amen.

Glory Be** to God the Father, and to the Son and to the Holy Spirit. As it was in the beginning is now and ever shall be, world without end. **Amen.

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PRAYERS IN HONOR OF THE FIVE WOUNDS OF OUR LORD JESUS CHRIST (CONTINUED) (Taken from the *Raccolta* #199)

SECOND MEDITATION: HONORING THE LEFT HAND OF JESUS

My dearest Lord Jesus Crucified, bending low before Thee, together with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy left Hand, and I beseech Thee for grace for all poor sinners, for the dying and especially for those who will not be reconciled to Thee. (Recite one Our Father, Hail Mary, Glory Be)

THIRD MEDITATION: HONORING THE RIGHT FOOT OF JESUS

My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy, and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy right Foot, and I beg of Thee this grace, that countless flowers of holiness may blossom among the clergy and all those who are consecrated to Thee. (Recite one Our Father, Hail Mary, Glory Be)

FOURTH MEDITATION: HONORING THE LEFT FOOT OF JESUS

My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy left Foot, and implore Thee to deliver the holy souls in Purgatory, and especially those who in life were most devout toward Thy sacred Wounds. (Recite one Our Father, Hail Mary, Glory Be)

FIFTH MEDITATION: HONORING THE PIERCED SIDE OF JESUS

My dearest Lord Jesus Crucified, bending low before Thee, with Mary most holy and with all the Angels and Saints in paradise, I adore the sacred Wound in Thy most holy Side, and I pray Thee to bless and graciously hear all those who have recommended themselves to my prayers. (Recite one Our Father, Hail Mary, Glory Be)

CLOSING PRAYERS

V. O Virgin most sorrowful,

R. Pray for us (to be recited three times).

My Crucified Jesus, confirm these prayers by the merits of Thy Passion; give me holiness of life, the grace to receive Thy holy Sacraments at the hour of my death, and glory everlasting. Amen. (An indulgence of 3 years (S. C. of the Holy Offi., May 6, 1935 S. P. Ap., Jan. 15, 1935).

FINAL PRAYER

O God, who by the Passion of Thine only-begotten Son, and by the shedding of His Precious Blood through His five Wounds, didst restore human nature when it was lost by sin; grant us, we beseech Thee, that we who venerate on earth the Wounds suffered by Him, may be found worthy to obtain in heaven the fruits of that same Most Precious Blood. Through the same Christ our Lord. Amen. (*Raccolta* #202 An indulgence of 5 years. A plenary indulgence once a month on the usual conditions for the daily recitation of this prayer {S. P. Ap., Dec. 12, 1936}).